The Peripheral Nervous System

- The Autonomic Motor Division of the PNS is called the ANS (autonomic nervous system)
 - Contains two divisions
 - Sympathetic
 - "fight, flight or fight" division
 - Parasympathetic
 - "rest and digest" division
 - What do these divisions do?
 - · Regulate autonomic body functions
 - How do they accomplish this?
 - By pathways and neurotransmitters

The Peripheral Nervous System

- ANS characteristics
 - A two neuron pathway that is divergent with a ganglion at the junction of the two neurons
 - 1st neuron = preganglionic neuron
 - 2nd neuron = postganglionic neuron



- Excitatory in both divisions
- Both divisions have ganglia
- · Pathway allows for divergence

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Differences

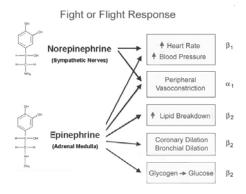
- Location
 - Sympathetic neurons arise from the thoracic and lumbar regions of the spinal cord ("thoracolumbar division"
 - Parasympathetic neurons arise from cranial nerves and spinal nerves of the sacral regions (craniosacral division)
- Neurotransmitters
 - Sympathetic postganglionic neurons catecholamines (epinephrine & norepinephrine)
 - » Bind to adrenergic receptors (alpha & beta) on effector membrane to cause effect
 - Parasympathetic postganglionic neurons release acetylcholine
 - » Bind to cholinergic receptors (nicotinic or muscarinic) on the effector membrane to cause effect
- Ganglia locations
 - Sympathetic ganglion are located more "midline"
 - Parasympathetic ganglion are located close to the effector
 - What does this do to the relative length of the pre and postganglionic neurons?

The Peripheral Nervous System

- The effects of the ANS are due to the effects of the neurotransmitters on the target tissues
 - Sympathetic division's effects are excitatory on those organs that increase energy use
 - Increases (+):

 Heart rate, respiration rate, blood flow to muscles and
 - blood flow to muscles and brain, pupil dilation
 - Decreases (-):

 Digestive and urinary function (activity and blood flow)
 - Epinephrine is released from the adrenal medulla which is a sympathetic ganglia
 - From here epinephrine enters the bloodstream

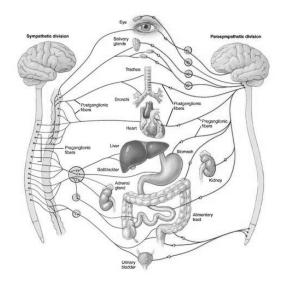


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- Parasympathetic division's effects are opposing
 - Increases (+) digestive and urinary function
 - Decreases (-) heart rate, respiration rate blood flow to muscles
- **Dual innervation** occurs when effectors are controlled by both divisions of the ANS.

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 The ANS layout



Autonomic Effects on Various Organs of the Body						
Effector organs		Effects of sympathetic stimulation	Effects of parasympathetic stimulation			
Eye	Radial muscle of the iris	(a) Contraction (mydriasis)				
	Sphincter muscle of the iris		Contraction (myosis)			
	Ciliary muscle of the lens	(β) Relaxation Lens flattens	Contraction (Lens curves)			
Heart	SA node	(β) ↑ heart rate	↓ heart rate			
	Atria	(β) ↑ heart rate and force	↓ heart force			
	AV node	(β) \uparrow conduction velocity	↓ conduction velocity			
	Purkinje system	$(\beta) \uparrow$ conduction velocity				
	Ventricles	(β) \uparrow heart rate and force				
Blood vessels	Coronary	(a) Constriction	Dilatation			
		(β) Dilatation				
	Cutaneous	(a) Constriction				
		(ACh) Dilatation				
	Skeletal muscle	(a) Constriction				
		(β) Dilatation				
		(ACh) Dilatation				
	Abdominal visceral	(a) Constriction				
		(β) Dilatation				
	Renal	(a) Constriction				
	Salivary glands	(a) Constriction	Dilatation			
Stomach	Motility and tone	(β) Decrease (usually)	Increase			
	Sphincters	(a) Contraction (usually)	Relaxation (usually)			
	Secretion	Inhibition (?)	Stimulation			
Intestine	Motility and tone	(α, β) Decrease	Increase			
	Sphincters	(a) Contraction (usually)	Relaxation (usually)			
	Secretion	Inhibition (?)	Stimulation			

Autonomic Effects on Various Organs of the Body Continued						
Effector organs		Effects of sympathetic stimulation	Effects of parasympathetic stimulation			
Gallbladder and ducts		Relaxation	Contraction			
Urinary bladder	Detrusor	(β) Relaxation (usually)	Contraction			
	Trigone and sphincter	(a) Contraction	Relaxation			
Ureter	Motility and tone	Increase (usually)	Increase (?)			
Male sex organs		Ejaculation	Erection			
Skin	Pilomotor muscles	(a) Contraction				
	Sweat glands	(a) Slight, localized secretions				
		(ACh) Generalized secretions				
Spleen capsule		(a) Contraction				
Lung (bronchial muscles)		(β) Relaxation	Contraction			
Adrenal medulla			Secretion of epinephrine and norepinephrine			
Liver		(β) Glycogenolysis				
Pancreas	Acinar cells	↓ secretion	Secretion			
	Islet cells	$(\boldsymbol{\alpha})$ Inhibition of insulin and glucagon secretion	Insulin and glucagon secretion			
		(β) Insulin and glucagon secretion				
Salivary glands		(a) Thick, sparse secretion	Profuse, watery secretion			
Lacrimal glands			Secretion			
Nasopharyngeal glands			Secretion			
Adipose tissue		(β) Lipolysis				
Juxtaglomerular cells		(β) Renin secretion				
Pineal gland		(β) Melatonin synthesis and secretion				